Preliminary Program

Central Coast Conference
Conferencia de la Costa Central

Filling your bucket: ways to support your professional growth and joy of teaching
Rellenando el cubo: cómo apoyar nuestro desarrollo profesional y la alegría de enseñar

Hosted by Cabrillo College

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Central Coast Conference
Conferencia de la Costa Central

Saturday, October 5, 2019
8:00 am – 1:30 pm
Cabrillo College
6500 Soquel Drive, Aptos, CA

Opening Session
at Samper Recital Hall
Visual Applied Performing Arts
VAPA 5000
Lower campus (ocean side) across from Gym.

Parking in lot L

Hosted by Cabrillo College

Santa Cruz County
Office of Education
Capturing Reflective Moments in Our Teaching. There are many moments that make up a teacher's day. Some of these moments are profound either because of their impact on the child(ren) we are working with or because of their impact on us. Taking time to pause, capture the essence of the moment and reflecting on what we can learn from it is a gift that can inform our practice and our lives. In this workshop, we will explore how to pause and capture evidence of these moments in ways that support our growth as teachers.

Mary Ashley Latta, Cabrillo College, De Anza, Mission Hill College, ECE Instructor. (Age group: All ages).

¿Qué necesito? Es interesante como nuestra conducta expresa nuestras necesidades. Acompáñeme y le compartiré una teoría que nos invita a pensar en cuatro necesidades que estimulan nuestro comportamiento. Exploraremos la motivación y el refuerzo están conectados y esto puede ayudarnos a cambiar nuestro comportamiento. Sonia Cervantes, COE Central CA Migrant Head Start, Santa Cruz. (Age group: All ages). In Spanish.

Using Positive Discipline to Breathe Joy into your Classroom. Being a preschool teacher is hard! It is draining, and the fun can sometimes take a back seat when discouragement and burnout creep in. Let us bring back the fun, joy, and playfulness using Positive Discipline concepts and essential calming tools such as circle time, laughter, and connection. Leave with concrete take-aways for your classroom, yourself, and the families you serve. Colleen Murphy, Positive Discipline Community Resources. (Age group: All ages) In English.

Apoyar el autocuidado a través de la colaboración y el empoderamiento. Aumenta tu conocimiento sobre estrategias para promover el bienestar de los niños y sus familias mientras apoyas tu propio crecimiento personal y profesional. Usando estas estrategias se pueden crear ambientes óptimos para el aprendizaje. Erendira Guerrero, Encompass Head Start. (Age group: 3 to 5 years). In Spanish.
Trauma Tools and Techniques. This workshop will cover some essential tools and techniques that can be used when working with children who have been exposed to trauma. Ideas on how to support and calm the child, in addition to techniques that adults can use to maintain their calm, are included in this workshop. We will use an interactive format that will allow participants to share their ideas and questions. Susan Huffman, Resource Family Support & Trainer. (Age group: 3 to 5 years). In English.

Art for Social & Emotional Health – La Cultura Cura - Art Heals. How does art heal? We will explore how art and culture promote lifelong well-being through the cultivation of self-expression, cultural identity, self-discipline, and self-esteem. We will learn how art can foster social and emotional development for ourselves and for the children in our care. La Cultura Cura is an expression that describes the importance of cultivating art and our own cultural/artistic expressions as a way to honor and preserve our roots and well-being. Val Miranda, Santa Cruz Art League, Academy of Art University. (Age group: All ages). Bilingual.

Why Don’t They Understand What I Mean! We all find that there are times when we say something that is not received the way we intended. Learn some easy tools to add to your tool belt for better communication. Nonviolent Communication provides tools to support you getting your message and meaning out in a way that a parent, co-worker, supervisor, or child will be able to hear and understand. The workshop will also focus on ways that you can better hear what others are trying to say to you. Wilma Gold and Lola Cornish, Pacific Oaks College. (Age group: All ages). In English.

The Role of the Environment. Take a tour of the Cabrillo College Children’s Center and Lab School and discuss possibilities of the “environment as the third teacher.” What role does intentionality, child development theory, and beliefs and values play in creating an environment? How do children get a sense of belonging and ample opportunity to be the protagonists in their learning? Nancy Spangler, Master Teacher, Cabrillo College Children’s Center & Lab School. (Age group: Infant-Toddler, Preschool). In English.

Support Self-Care through Collaboration and Empowerment. Increase your knowledge of strategies to promote well-being for children and families while you support your own personal and professional growth. Explore these strategies and self-empowerment to create optimal spaces for learning. Cory Vestal, Encompass Head Start. (Age groups: All ages). In English.


Técnicas para trabajar con niños expuestos a situaciones traumáticas. Cubriremos algunas herramientas y técnicas básicas que se pueden utilizar cuando se trabaja con niños que han estado expuestos a traumas. Ideas sobre cómo apoyar y calmar al niño; además se incluyen técnicas que los adultos pueden utilizar para mantener su calma. Un formato interactivo permitirá a los participantes compartir sus ideas y preguntas. Susan Huffman, Resource Family Support & Trainer. (Age group: 3 to 5 yrs.). In Spanish.

Exploration of the workforce ecosystem. Details in the final program. (Age group: All ages). Bilingual.
Thank you to our conference sponsors
Early Registration Form — Register and Mail by 9/27/19

2019 Central Coast Conference
Saturday, October 5, 2019, 8:00 a.m. to 1:30 p.m.
7:30 - 7:55 a.m. Arrivals / Check in Llegada / Presentarse a la recepción
Cabrillo College Recital Hall, Visual Applied and Performing Arts (VAPA) 5000
Follow ECE conference signs for parking.
Cabrillo College, en la Sala de conciertos para las Artes Visuales e Interpretativas (VAPA)
Guíese por los letreros de estacionamiento para la conferencia.

Register prior to September 27, 2019 – Registration fee: $35
After September 27, registration fee: $45.
Registration fees are non-refundable. No group discounts. The conference fee includes a mid-morning snack.

Inscríbase antes del 27 de septiembre 2019 – Cuota de inscripción: $35
Después del 28 de septiembre la cuota es $45.
No hay reembolso de los gastos de inscripción. La cuota incluye un bocadillo a media mañana.

Advance Registration Instructions:
1) Please register on line at Santa Cruz County Office of Education (COE): https://bit.ly/2Sj7nTO
Programs must register each program participant one at a time, in the COE/OMS system.
Inscríbase en línea en este sitio web del departamento de educación:
https://bit.ly/2Sj7nTO
2) Also, please complete the bottom part of this form and send it in with your check for $35 prior to 9/27/19.
Además rellene la parte inferior de esta hoja y envíe, junto con su cheque de $35 antes del 27/9/19.
3) Make check payable to: Santa Cruz COE / CAC – Central Coast Conference.
Escriba su cheque a favor de: Santa Cruz COE / CAC – Central Coast Conference. Envielo a la siguiente dirección.
4) Mail to: Childhood Advisory Council, Central Coast Conference, COE, 400 Encinal St. Santa Cruz, CA 95060

2019 Central Coast Conference Early Registration Form

Name, Nombre ____________________________________________

Address, City, ZIP, Dirección, Ciudad, Código postal ____________________________

______________________________________________________________

Phone, Teléfono ____________________________________________

E-mail, Correo electrónico ____________________________________________

Mail along with your $35 check by 9/27/19 ~ Envíe con su cheque de $35 antes del 27 de septiembre 2019